	POLICIES AND PROCEDURES
Policy #: 404-1716	Lead Department: Utilization Management
Title: Epidermal Nerve Fiber Density Studies	
Original Date: 06/23/2020	Date Published: 10/21/2024
Approved by: Utilization Management Work Group (UMWG)	

Purpose:

To describe the guidelines of Central California Alliance for Health (the Alliance) in authorizing Epidermal Nerve Fiber Density Studies.

Policy:

The Alliance will authorize Epidermal Nerve Fiber Density Studies when they are medically necessary according to Alliance Policy 404-1112 - Medical Necessity - The Definition and Application of Medical Necessity Provision to Authorization Requests.

Procedures:

Epidermal Nerve Fiber Density Studies require prior authorization. The Alliance uses standards set by Medi-Cal, when available, to determine the medical necessity for Epidermal Nerve Fiber Density Studies. When Medi-Cal medical necessity criteria are not available, other evidence-based criteria are utilized, such as MCG care guidelines, for medical necessity determination.

In general, Epidermal Nerve Fiber Density Studies should only be considered if Electromyography and Nerve Conduction Studies are negative.

References:

Alliance Policies:

404-1112 – Medical Necessity - The Definition and Application of Medical Necessity Provision to Authorization Requests

404-1713 – Electromyography Nerve Conduction Studies

Impacted Departments:

Claims

Provider Services

Regulatory:

Legislative:

Contractual (Previous Contract):

Contractual (2024 Contract):

DHCS All Plan Letter:

NCQA:

Supersedes:

Other References:

Medi-Cal Manuals, Department of Health Care Services


Attachments:

LOB Effective Dates

Lines of Business This Policy Applies To

☐ DSNP

(01/01/2026 – present)

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|--------------------------------------------------------|------------------------|
| <input checked="" type="checkbox"/> Medi-Cal | (01/01/1996 – present) |
| <input checked="" type="checkbox"/> Alliance Care IHSS | (07/01/2005 – present) |

Revision History:

Reviewed Date	Revised Date	Changes Made By	Approved By
06/02/2022	06/02/2022	Gordon Arakawa, MD Medical Director	UMWG
10/04/2024	10/04/2024	Lorna Metzger, UM Supervisor - Prior Authorizations (RN)	UMWG